



**MINISTRY OF EDUCATION
PRIMARY ENGAGEMENT PROGRAMME
GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
WEEK 9: LESSON 1
TOPIC: NATIONAL AWARDS: WHY ARE THEY GIVEN?**

Name: _____

Date: _____

FACTS/TIPS:

The presentation of national awards is one of Guyana's national events.



President Bharrat Jagdeo presenting a national award.

- (i) A national award is an honour given to Guyanese for their invaluable service in a special field of work.
- (ii) These honours are special gifts given to citizens and special persons who are selected by a National Award Committee of our country.
- (iii) These National Awards are presented by His Excellency, The Executive President of Guyana and the Chancellor of the Order of Guyana.
- (iv) Citizens are given these awards for their services that they would have given to their country.
- (v) These awards were first made on Republic Day, February 23 rd 1970.

Why are National Awards given?

National Awards are given for:

- 1. long, dedicated and commendable service.
- 2. commitment to the work they do.
- 3. working beyond the normal call of duty.
- 4. brave conduct.
- 5. efficiency in service.

ON YOUR OWN:

ANSWER ALL QUESTIONS.

Write your answers on the lines.

- Explain in your own words, what is a National Award?

- State two reasons why National Awards are given.

(i) _____

(ii) _____

- When are National Awards given to citizens?

- When was the first time Guyanese were presented with National Awards?

- National Awards can be given to persons who gave invaluable service to their community. **TRUE / FALSE**

HOMEWORK:

The picture below shows a citizen of Guyana receiving a National Award.



President Donald Ramoutar presenting a national award.

List three reasons why you think this person was presented with a National Award.

1. _____
2. _____
3. _____



**MINISTRY OF EDUCATION
PRIMARY ENGAGEMENT PROGRAMME
GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
WEEK 9: LESSON 2
TOPIC: NATIONAL AWARDS: CEREMONY**

Name: _____

Date: _____

FACTS/TIPS:

The special ceremony at which National Awards are presented is called an “Investiture Ceremony”. At this ceremony, citizens who are honoured receive their National Awards. The Executive President of the Co-operative Republic of Guyana distributes these awards to the awardees at this ceremony.



National Awards are given to various categories of workers.

Some categories of Workers who are awarded include:

- Farmers
- Teachers
- Politicians
- Policemen
- Soldiers
- Sportsmen

- Religious leaders
- Organizations
- Groups such as choirs, steel bands and co-operative societies.

Persons who live in other countries and who have helped Guyana in one way or another may also be given National Awards.

ON YOUR OWN.

ANSWER ALL QUESTIONS.

Write your answers on the lines.

- What is the name given to the ceremony in which National Awards are presented?

- Who distributes the National Awards to the awardees?

- List two categories of workers who may have received National Awards.

1. _____

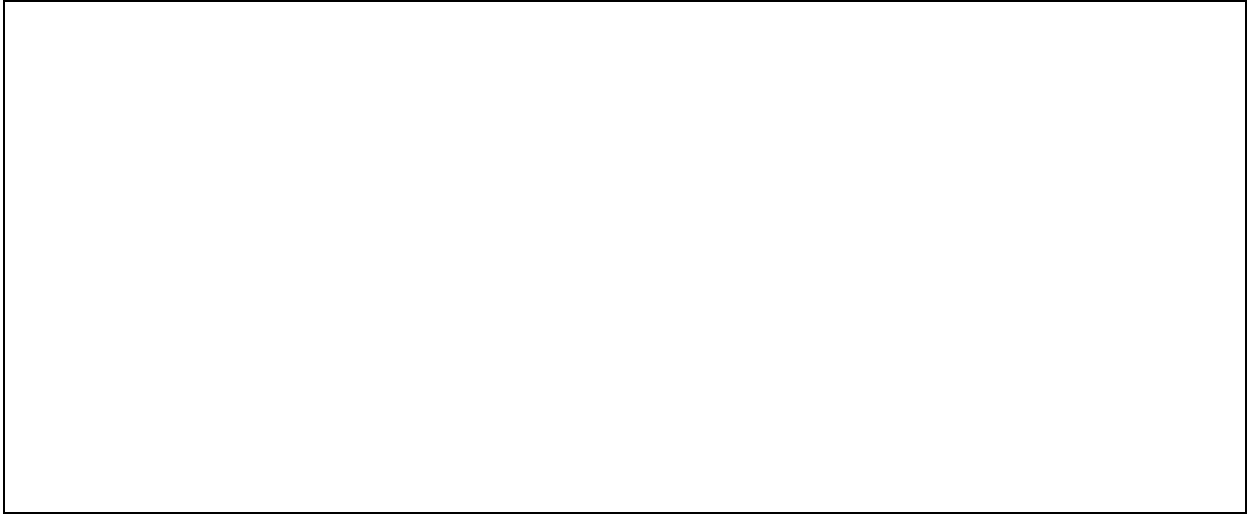
2. _____

- Name one group other than the ones mentioned above that can receive National Awards.

- Why would someone who is not living in Guyana be given a National Award?

HOMEWORK:

- Collect pictures of Investiture Ceremonies.
- Cut and paste pictures in the box below.



- In two sentences, explain what takes place at an Investiture Ceremony.

- List three categories of people in your community who you think can receive National Awards.



**MINISTRY OF EDUCATION
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GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
LESSON: REVIEW WEEK 9.**

Name: _____

Date: _____

ANSWER ALL QUESTIONS.

Write your answers on the line.

- (a) A national award is given to Guyanese for
_____.
- (b) What is the duty of the National Award Committee of Guyana?

- (c) Name two persons who present National Awards to awardees.
(i) _____
(ii) _____
- (d) List two reasons why you think National Awards are given to citizens.
(i) _____
(ii) _____
- (e) When did National Awards first come into effect?

- (f) Name one person who received a national award.

- (g) Do you think school children can be given National Awards for doing well at an examination?

(h) Explain briefly, what you think happens at an Investiture Ceremony.

(i) List two categories of workers that can receive National Awards.

- ---
- ---

Look at the picture below and write a paragraph on what you think is taking place.





**MINISTRY OF EDUCATION
PRIMARY ENGAGEMENT PROGRAMME
GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
WEEK 10: LESSON 1
TOPIC: NATIONAL AWARDS: TYPES OF NATIONAL AWARDS**

Name: _____

Date: _____

FACTS/TIPS:

National Awards are given to citizens of Guyana for the services they would have given to their country.

Some of Guyana's National Awards are:

Order of Excellence



The Order of Excellence is the highest National Award of Guyana. It was given to two Executive Presidents of Guyana, L.F.S Burnham and Janet Jagan.

Order of Roraima



The Order of Roraima is the second highest National Award of Guyana. It is given for outstanding national effort.

Cacique Crown of Honour



The Cacique Crown of Honour is the third highest national award, given to citizens. It is awarded to persons and groups for their contributions to nation-building.

Golden Arrow of Achievement



The Golden Arrow of Achievement is the fourth highest national award given to citizens. It can be given to any citizen for long and dedicated services in any area of public service.

The Medal of Service



The Medal of Service is the fifth highest national award. Many soldiers, policemen, firemen and public servants received this award for protecting and serving the nation. This award can be either a military award or a service award.

National Awards can be written in abbreviated forms.

National Awards	Abbreviations
Order of Excellence	OE
Order of Roraima	OR
Cacique Crown of Honour	CCH
Golden Arrow of Achievement	AA
Medal Of Service	MS
Military Service Medal	MSM
Disciplinary Service Medal	DSM

ON YOUR OWN.

ANSWER ALL QUESTIONS.

Write your answers on the lines.

1. What is the name of the second highest National Award of Guyana?

2. List two National Awards, other than the one mentioned at number one.
 1. _____
 2. _____
3. Which National Award is the second highest award for the Order of Service of Guyana?

4. Identify two groups of persons that can be honoured with the Medal of Service.
 1. _____
 2. _____
5. Write the abbreviation for the following National Awards.
 2. Order of Roraima _____
 3. Cacique Crown of Honour _____
 4. Golden Arrow of Achievement _____

HOMEWORK:

3. Name and describe Guyana's Highest National Award.

4. Write the names of two persons who would have received the highest National Award.
 - (i) _____
 - (ii) _____
5. Draw and colour a picture of the highest National Award.



**MINISTRY OF EDUCATION
PRIMARY ENGAGEMENT PROGRAMME
GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
WEEK 10: LESSON 2
TOPIC: NATIONAL AWARDS: NAMES OF AWARDEES.**

Name: _____

Date: _____

FACTS/TIPS:

National Awards are given to citizens of Guyana for the services they would have given to their country.

Some citizens who have received National Awards were:



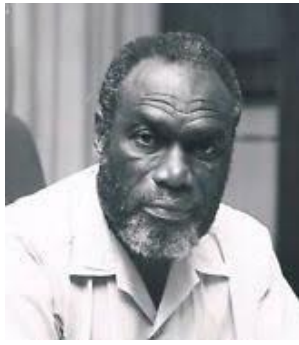
President Janet Jagan received the Order of Excellence. She was a social worker and a great politician. She was also the first female Executive President of Guyana.

Janet Jagan



Clive Lloyd received the Cacique Crown of Honour. He was a great cricketer who captained the Guyana and West Indies Cricket Team during the 1980's.

Clive Lloyd



Mr. Ptolemy Reid received the Order of Excellence. He was a great politician and a former Prime Minister of Guyana.

He was also a successful farmer and a veterinarian.

Ptolemy Reid



The Woodside Choir received The Medal of Service. This group is made up of many musicians and singers, who performed at many national and international events.

The Woodside Choir

How recipients of National Awards should write their names?

Persons who received National Awards should use the abbreviations of the awards after their names.

Examples:



Janet Jagan, OE



Clive Lloyd, CCH



The Woodside Choir, MS

ON YOUR OWN.

ANSWER ALL QUESTIONS.

Write your answers on the lines.

(i) Name two citizens other than the ones mentioned above, who received National Awards.

(i) _____

(ii) _____

(ii) Clive Lloyd received the Cacique Crown of Honour. Give one reason why he was given this award?

For questions 3 to 5 write the names of the following persons after they would have received National Awards.

(iii) Reepu Daman Persaud received the Order of Roraima.

(iv) Neville Bhagwandeem Gobin received the Cacique Crown of Honour.

(v) Salmaa Naseebah Khan received the Golden Arrow of Achievement.

HOMEWORK:

With the help of an adult, research at least two Guyanese who were awarded with each of the following National Awards and write their correct names based on the awards they have received.

-The Order of Excellence

-The Order of Roraima

-The Golden Arrow of Achievement

-Medal of Service



**MINISTRY OF EDUCATION
PRIMARY ENGAGEMENT PROGRAMME
GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
LESSON: REVIEW WEEK 10**

Name: _____

Date: _____

ANSWER ALL QUESTIONS.

Write your answers on the line.

1. Write the name of the highest National award that is given to Guyanese?

2. Which National Award is written with the abbreviation **MSM**?



3. What is the name of the National Award that was given to President Linden Forbes Sampson Burnham?

4. The Woodside Choir has received the Medal of Service. Why do you think this group was given such an award?

5. Write the name of the National Award shown in the picture below.



For questions 6 to 8 match the pictures of the National Awards to their correct names.

Nos	Pictures of National Awards	Names of National Awards
6.		<p>Golden Arrow of Achievement</p> <p>Order of Excellence</p>
7.		<p>Cacique Crown of honour</p> <p>Order of Roraima</p>
8.		

9. Why Are National Awards given to citizens of Guyana?

Write True or False to complete numbers 10 and 11.

- (j) National Awards **cannot** be given to groups; they are only given to individuals. TRUE / FALSE
- (k) National Awards can also be presented to citizens of other countries. TRUE / FALSE
- (l) The Chief Fire Officer, Marlon Anthony Gentle, was awarded the Disciplined Service Star. How would this fire officer write his name?



**MINISTRY OF EDUCATION
PRIMARY ENGAGEMENT PROGRAMME
GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
WEEK 11: LESSON 1
TOPIC: DRUGS/MEDICINES: TYPES AND FORMS OF DRUGS**

Name: _____

Date: _____

FACTS/TIPS:





A drug is a substance when consumes, alters the functioning of the body. Some drugs are referred to as medicines.

Types of Drugs:

Types of Drugs	Description	Examples
Legal Drugs	These are drugs that are permitted by law.	Antibiotics, painkillers alcohol etc.
Illegal Drugs	These are drugs that are not permitted by law.	Ecstasy, cocaine, marijuana, heroin etc.
Prescription Drugs	These drugs are prescribed by a doctor.	Antibiotics, pain killers, injections etc.
Over-the-Counter-Drugs	These drugs can be bought from anywhere without a doctor's prescription.	Panadol, aspirin, cough syrup, paracetamol etc.

Forms of Drugs/Medicines:

Drugs or medicines can be in the forms of: tablets, pills, ointments, powder or liquids.

Forms of Drugs	Pictures
Tablets/Pills	 <p data-bbox="919 625 1279 661">Anti-malarial tablets</p>
Ointments	 <p data-bbox="919 907 1373 940">Triple Antibiotic Ointment</p>
Powder	 <p data-bbox="919 1165 1203 1199">Sulphur powder</p>
Liquids	 <p data-bbox="919 1369 1333 1398">Cough and cold syrup.</p>

ON YOUR OWN.
ANSWER ALL QUESTIONS.
Write your answers on the lines.

- (i) List two types of drugs.
(i) _____
(ii) _____
- (ii) Give one example of each type of drug named above.
1. _____ (i) _____
- (iii) Name one over-the-counter-drug, other than those mentioned in the lesson above.

(iv) Explain what can happen to a person if they are found with illegal drugs.

- _____
- (v) Write the names of the forms of drugs shown in the pictures below.



HOMEWORK:

- (i) Collect pictures or labels of drugs/medicines in the form of tablets, ointments, powder and liquids.
- (ii) Paste each picture collected correctly on the table below.

Forms of Drugs	Pictures/Labels
Ointments	
Powder	
Tablets	
Liquids	



**MINISTRY OF EDUCATION
PRIMARY ENGAGEMENT PROGRAMME
GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
WEEK 11: LESSON 2
TOPIC: USEFUL DRUGS/MEDICINES**

Name: _____

Date: _____

FACTS/TIPS:

Useful drugs or medicines are good for the body. They help to heal the body and treat diseases.

Some useful drugs can be prescribed by a doctor or they can be bought over the counter. These include aspirin, antibiotics, cough syrup etc.

Using useful drugs/ medicines:

1. Useful drugs or medicines must be given to you by an adult when you feel unwell.



2. All drugs/medicines must be labelled.
3. Always read labels for correct dosage and expiry dates.
4. Use drugs as instructed on the label. Do not use drugs as you like.
5. The amount of medicine or drugs you should take is called a dose.
Do not take an overdose.

Picture showing a label on a medicine bottle.



Useful drugs can cause harm to the body, if not used as directed.

They can cause drowsiness or even death by:

6. taking an overdose - this is using more than the dosage stated on the label.
7. using drugs or medicines that were prescribed for someone else.
8. using drugs or medicines that are expired.

ON YOUR OWN.

ANSWER ALL QUESTIONS.

Write your answers on the lines.

1. Why are people given medicines when they are unwell?

2. Why is it important to read labels on medicine containers?

3. List two ways in which a useful drug can be dangerous to a person.

(i) _____

(ii) _____

4. List two effects of using drugs that are prescribed for another person.

(i) _____

(ii) _____

5. What must a person look for on the label of the medicine bottle in order to know the amount of medicine to be taken?

HOMEWORK

- (a) How are prescription medicines different from over-the-counter medicines?

- (b) Explain two reasons why medicines should be given to a child by an adult.



**MINISTRY OF EDUCATION
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GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
LESSON: REVIEW WEEK 11.**

Name: _____

Date: _____

**ANSWER ALL QUESTIONS.
Write your answers on the line.**

1. State two dangers of using expired drugs.




- (i) _____
(ii) _____

2. List two effects of using an overdose of medicine.

- (i) _____
(ii) _____

Read the list of drugs given and place each one in the correct cuboid below.

antibiotics panadol cocaine aspirin

3. Prescription drug	4. Illegal drug	5. Over-the-counter drug
		

6. Name two forms of drugs that are prescribed by doctors.

- (i) _____
(ii) _____

Read the caption below, then choose the best answer for question 7.

Drug Abuse is dangerous to your health.

7. The caption above suggests that _____

- some people should be encouraged to use drugs.
- it is okay to misuse drugs.
- drugs should not be misused.
- drugs should not be bought over the counter.

Read the caption below and answer questions 8 and 9.

PRESCRIPTION DRUGS

**TAKE one tablet three times daily.
Keep away from children.**

8. Explain why it says "keep away from children".

9. What can happen to a person who disobeys the instruction above and takes an overdose of the drug?

10. Sharon was sick and her mother took her to the Georgetown Public Hospital. What type of drug Sharon will most likely receive from the hospital.

illegal drug prescriptive drug herbal drug

|






MINISTRY OF EDUCATION
PRIMARY ENGAGEMENT PROGRAMME
GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
WEEK 12: LESSON 1
TOPIC: DANGERS OF USING LEGAL DRUGS.

Name: _____

Date: _____

FACTS/TIPS:

Over indulgence in “drug use” is harmful to health. Some of these dangerous drugs are legal, that is, you cannot be charged to use them, however, they can cause harm to the organs of the body. Some of these dangerous drugs include:

Drugs	Descriptions
	Caffeine is found in coffee that people usually drink to stay awake.
	Alcohol is found in wine, beer, rum and other alcoholic beverages.
	Nicotine is found in cigarettes and tobacco that people smoke.

Effects of the use of dangerous drugs:

Caffeine can cause sleeplessness and restlessness, stomach upset, headache and an increase in heart rate.



When alcohol is overused the person becomes intoxicated. He or she talks more and cannot focus. It also can cause liver diseases.



Smoking cigarettes can cause damage to the lungs. Nicotine increases the heart rate, and causes your teeth and nails to be discoloured.



**ON YOUR OWN:
ANSWER ALL QUESTIONS.**

Write your answers on the lines.

4. Explain what it means by "legal drugs".

5. Name one legal drug other than the ones mentioned above that can harm a person's body.

- Why are cigarettes and tobacco smoking dangerous to the body?

Study the pictures below and answer questions 4 and 5.



- Which item above is not harmful to the body?

- Identify two items above that contained caffeine.

HOMEWORK:

Collect labels of at least three items that contain caffeine.

- Paste each label in the boxes below.

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- List two effects of using caffeine.

(i) _____

(ii) _____

1. What advice would you give to a family member or a relative that uses alcohol regularly?



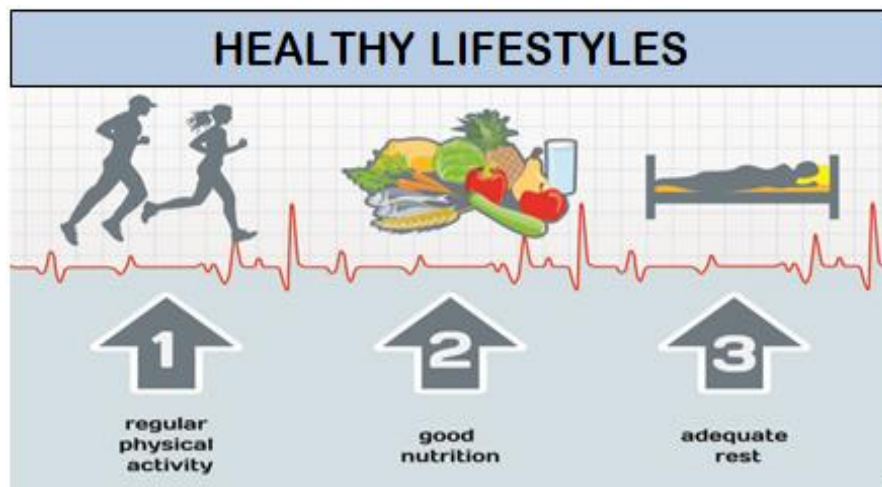
**MINISTRY OF EDUCATION
PRIMARY ENGAGEMENT PROGRAMME
GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
WEEK 12: LESSON 2
TOPIC: BENEFITS OF HEALTHY LIFESTYLES**

Name: _____

Date: _____

FACTS/TIPS:

Healthy lifestyles are important for everyone. It can help prevent the use of drugs and it can keep the body healthy.



Some healthy lifestyles persons can engage in are:

- i. Caring for pets.
- ii. Participate in sports.
- iii. Engage in hobbies, such as, swimming, reading or playing games.
- iv. Exercise daily by running, jogging or dancing.
- v. Eat nutritious food and drink lots of water.

- vi. Get enough sleep.

Benefits of healthy lifestyles:

Caring for pets, participating in sports, engaging in hobbies such as swimming and reading can help prevent a person from using drugs. Other benefits of healthy lifestyles may include:

2. Improve mental wellness – regular exercise can lift your mood, reduce stress and fatigue and help you feel better.
3. Reduce health problems – living a healthier lifestyle means a lower risk of developing many illnesses.
4. Improve relationships – socially: when you feel good about yourself, you will express it on the outside.
5. It boost your self-esteem.

ON YOUR OWN:

ANSWER ALL QUESTIONS.

Write your answers on the lines.

3. List two ways how a person can prevent the use of harmful drugs by engaging in healthy lifestyles.

4. _____
5. _____

5. Which of the following below is not a healthy lifestyle?

drinking coffee	playing a ball game	jogging
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1. Discuss two benefits of living healthy lifestyles.

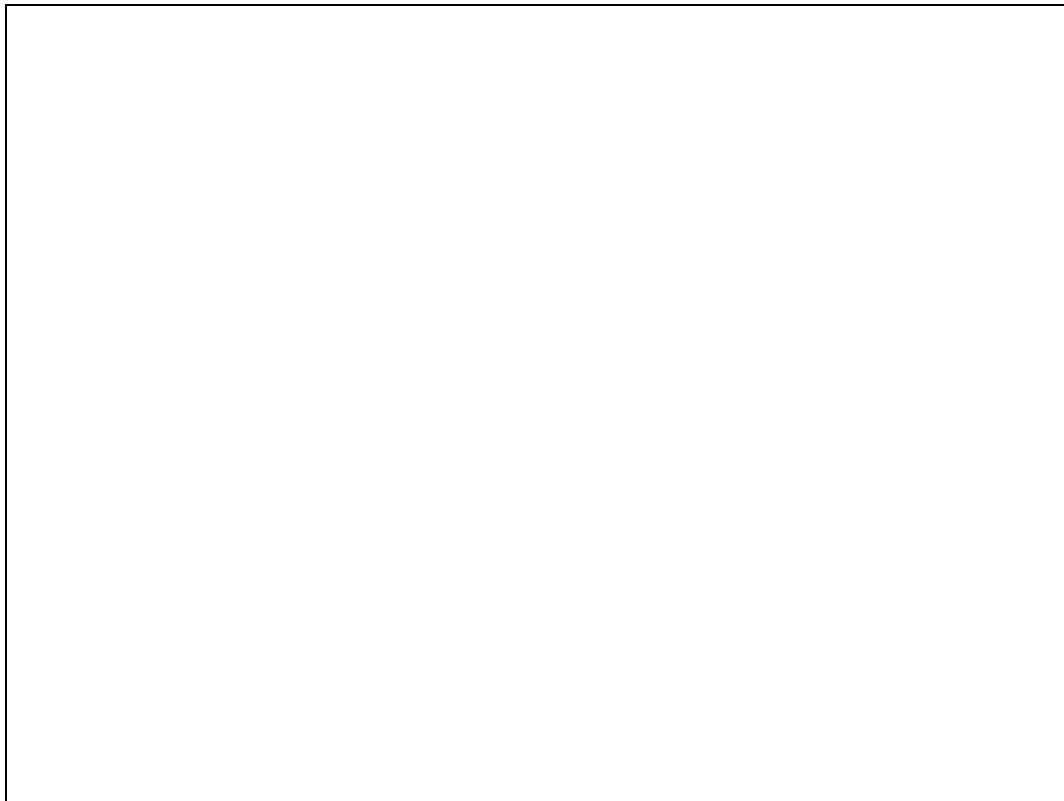
- (i) _____
- (ii) _____

2. Explain how participation in sports can help prevent the use of drugs.

3. What advice would you give to a friend who uses drugs?

HOMEWORK:

Draw and colour to show two activities people can engage in that can lead to healthy lifestyles.



Write three sentences to encourage people to engage in healthy lifestyles.



MINISTRY OF EDUCATION
PRIMARY ENGAGEMENT PROGRAMME
GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
LESSON: REVIEW WEEK 12.

Name: _____

Date: _____

ANSWER ALL QUESTIONS.

Write your answers on the line.

7. Name one legal drug, when used regularly can cause harm to the body.

8. Identify one illegal drug.

9. Give an example of one drug named in question 2.

4. What does nicotine do to your fingers, nails, and teeth?

5. What effect does drinking coffee have on your body after consuming it regularly?

12. Why do you think a person who spends time reading or swimming is less likely to use drugs?

1. List two healthy lifestyles other than the ones mentioned above that a person can engage in.
 - (i) _____
 - (ii) _____

1. Identify two benefits of having a healthy lifestyle.
 1. _____
 2. _____

1. Which activity below does not show a healthy lifestyle?



1. Jason sleeps for fifteen hours every day. Do you think Jason is engaging in a healthy lifestyle?

1. What advice would you give to Jason in order for him to stop or to continue this practice?



When alcohol is used, the person can become drunk and the brains cannot concentrate. It also can cause liver diseases.



Smoking cigarettes damages the lungs and nicotine can increase the heart rate and cause the fingers, nails and teeth to be discoloured.

**ON YOUR OWN:
ANSWER ALL QUESTIONS.
Write your answers on the lines.**

1. Explain what it means by “legal drugs”.

2. Name one legal drug other than the ones mentioned above that can harm a person’s body.

3. Why are cigarettes and tobacco smoking dangerous to the body?

Study the pictures below and answer questions 4 and 5.



4. Which item above is not harmful to the body?

5. Identify two items above that contained caffeine.

HOMEWORK:

Collect labels of at least three items that contain caffeine.

- (i) Paste each label in the boxes below.

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(ii) List two effects of using caffeine.

- (i) _____
- (ii) _____

(i) What advice would you give to a family member or a relative that uses alcohol regularly?



**MINISTRY OF EDUCATION
PRIMARY ENGAGEMENT PROGRAMME
GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
WEEK 12: LESSON 2
TOPIC: BENEFITS OF HEALTHY LIFESTYLES**

Name: _____

Date: _____

FACT/TIP:

Healthy lifestyles are important for everyone. It can help prevent the use of drugs and it can keep the body healthy.



Some healthy lifestyles persons can engage in are:

- (ii) Caring for pets.
- (iii) Participate in sports.
- (iv) Engage in hobbies, such as, swimming, reading or playing games.
- (v) Exercise daily by running, jogging or dancing.
- (vi) Eat nutritious food and drink lots of water.
- (vii) Get enough sleep, do not sleep too much or too less.
- (viii) Have good friends, good friends keep you from doing things that are bad for you, like smoking, drinking and using drugs.

Benefits of healthy lifestyles:

Caring for pets, participating in sports, engaging in hobbies such as swimming and reading can help prevent a person from using drugs.

Other benefits of healthy lifestyles may include:

- Feeling better mentally – regular exercise can lift your mood, reduce stress and fatigue and help you feel better.
- Fewer health problems – living a healthier lifestyle means a lower risk of developing many illnesses
- Improve social relationships- when you feel good about yourself, you will express it on the outside.

ON YOUR OWN:

ANSWER ALL QUESTIONS.

Write your answers on the lines.

1. List two ways how a person can prevent the use of harmful drugs by engaging in healthy lifestyles.

(i) _____

–

(ii) _____

–

2. Which of the following below is not a healthy lifestyle?

Drinking coffee	Playing a ball game	Jogging
-----------------	---------------------	---------

3. Discuss two benefits of living healthy lifestyles.

(i) _____

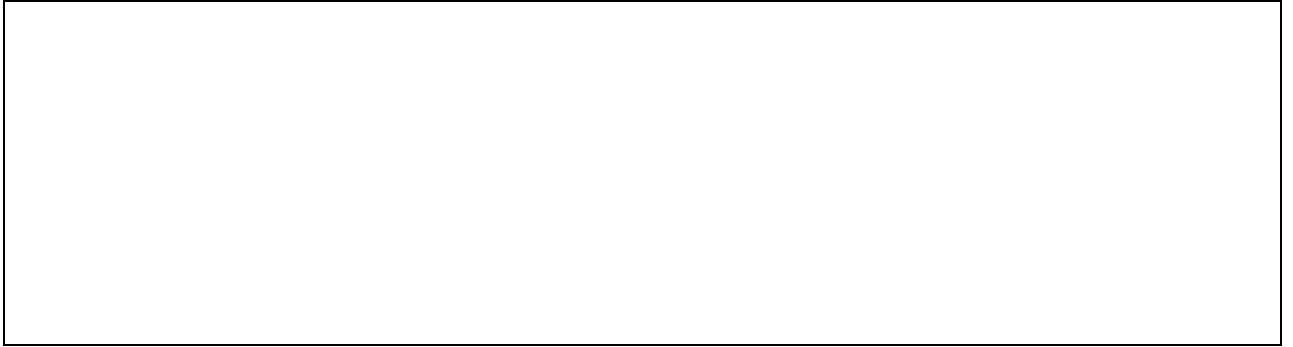
(ii) _____

4. Explain how participation in sports can help prevent the use of drugs.

5. What advice would you give to a friend who uses drugs?

HOMEWORK:

Draw and colour to show two activities people can engage in that can lead to healthy lifestyles.



Write three sentences to encourage people to engage in healthy lifestyles.



**MINISTRY OF EDUCATION
PRIMARY ENGAGEMENT PROGRAMME
GRADE FOUR WORKSHEET-TERM 2
SUBJECT: SOCIAL STUDIES
LESSON: REVIEW WEEK 12.**

Name: _____

Date: _____

ANSWER ALL QUESTIONS.

Write your answers on the line.

1. Name one legal drug, if used regularly can cause harm to the body.

2. Which type of drug is not permitted by law?

3. List one example of the type of drug named in question 2.

4. Name one legal drug when overused causes the user to get drunk.

5. What does nicotine do to your fingers, nails, and teeth?

6. What effect does drinking coffee have on your body after consuming it regularly?

7. Why do you think a person who spends time reading or swimming is less likely to use drugs?

8. List two healthy lifestyles other than the ones mentioned above that a person can engage in.

- (i) _____
- (ii) _____

9. Identify two benefits of having a healthy lifestyle.

- 1. _____
- 2. _____

10. Which activity below does not show a healthy lifestyle?



11. Jason sleeps for fifteen hours every day. Do you think Jason is engaging in a healthy lifestyle?

12. What advice would you give to Jason in order for him to stop or to continue this practice?

